

Big Bear Cycling 2016 Time Trial Rules

First rule: Ride safe, have fun, get faster!

Classes: No age or ability classes what so ever. Ride times provided for fun and fitness measurement. These are just informal time trials. The only person you are competing against is yourself!

Equipment: Any bicycle and any tire. Intermediate and advanced riders are welcome and encouraged to participate in the time trials. **Helmets:** Mandatory.

Minimum age requirement: 13 years old. 18 and under- parent/guardian must sign waiver form prior to participation.

Big Bear Cycling Association (BBCA) Membership and event costs: Time Trial events are for the benefit of BBCA members ONLY. BBCA allows non-members to participate with a "Day Use Membership" that will be available for \$10 purchase at registration. Time Trial costs; BBCA members - FREE, Day Use Membership - \$10, Annual BBCA Membership - \$20.

Registration and bike numbers: Opens at 8:30 and closes at 8:50am. Please sign waiver form at your first event to be kept on file, then just sign-in on sign-in sheet. Big Bear Cycling bike numbers must be displayed on bicycle. Permanent BBCA number plaques will be provided with paid entry fee.

Mandatory 8:50am Rider Safety Meeting at the start: Attendance is required at each event to review safety procedures, event rules, road rules, traffic awareness, any precautions, ride and passing rules, announce/post start times by racer number. **NO SAFETY MEETING – NO RIDE!**

Warm-up and Parking: Riders are encouraged to warm-up from home by riding out to the start. If you do drive over, please park on road shoulder way east of start area so there would be room for the start. Big Bear Cycling is not responsible for any damage to parked vehicles or items stored or left at the start/finish area.

Start Order: By seeding with faster riders seeded last. **Starting times:** Assigned after registration closes by racer number/name i.e. 9:00:00 #21/Martin, 9:00:30 # 31/Cancellara, 9:01:00 # 11/Phinney, etc... **9:00am Start:** Each rider shall report to the starter a few minutes before his or her scheduled starting time and shall start at the scheduled time. If a rider appears later than the appointed starting time, the start will be allowed only if it does not interfere with the riders starting on schedule. If it does interfere, the rider may be further delayed. In case of a late start, the appointed start time shall be used in computing the riders elapsed time. **Start Intervals:** Typically 30 seconds. 1 minute for faster riders.

Rules of the Road. Riders shall, of their own responsibility, conform to all traffic regulations in force in the area where the time trial is held. *It is the rider's responsibility to follow all traffic laws that apply.* Course is open to motorized vehicles. Stay in traffic lane to the right. No crossing center yellow lines or inside (opposite lane) apexing of corners. Can apex own lane if safe to do so. Yield to pedestrians. Watch for traffic, parked and merging cars. Stay safe! Remember, you are only racing against yourself. Don't take yourself out.

Passing: It is the responsibility of the faster rider to safely pass on the left of the rider in front. The faster rider is required to yell out, "**Rider Up!**" and the rider being passed should continue to hold their line (no swerving) and continue to ride straight and/or staying to the right leaving room on left for passing rider to safely pass.

Finish: As you approach or cross the finish line yell out your rider number so that the finish timer could hear in case they can't see your number on your bike. Always stay to the far right side to leave room just in case you will be passed near or at the finish line. This is important; continue riding straight past the finish area for your cool-down. All riders are encouraged to cool down and safely turn-around or to stop way past the finish. **No times will be provided at the finish.** Times will be emailed and posted on the Big Bear Cycling website. The goal is to keep the finish area safe for riders (and vehicles) coming up to and through finish at top sprinting speed. Any finish area spectators are encouraged to watch from a safe side adjacent to the finish line.

Timing: Because of the volunteer effort and rudimentary timing, mistakes may occur. You are encouraged to make use of your own bicycle computer at the start and finish to record your elapsed time and distance. If your time is missed or posted in error, you are more than welcome to present your bike computer showing your time and distance for that day's ride and your displayed time will be honored and posted. Remember, these are informal time trials for fun and fitness. Again, the only person you are competing against is yourself.

Ride safe, have fun, get faster!